



Puebla
CIUDAD INCLUYENTE
2018 • 2021

FORMATO TRANSPARENCIA EN VIAJES_previo

Instrucciones: Llena este formulario con la mayor información posible, adjunta todo el material que pueda servir como soporte.

Entrega una copia simple de este formato a: **Secretaría General, Contaduría Municipal y Coordinación de Transparencia.**

Nombre del Servidor:

Carolina

Nombre(s)

Morales

García

Apellido Paterno

Apellido Materno

Cargo:

Regidora

Área / Secretaría:

Sala de Regidores

Viaje:

☒

☐

Nacional

Internacional

Ambos

Cardiff y Londres Inglaterra y Edimburgo, Escocia

Ciudad (es) | País (en caso de ser Internacional)

Objetivo:

Puedes usar el número de rengiones que requieras.

Asistir a la Homeless world cup 2019 a fin de fortalecer programas deportivos e intercambiar buenas prácticas en el ámbito internacional, así mismo se busca diseñar e instrumentar acciones en común que permitan establecer políticas públicas que sean utilizadas en beneficio del deporte y de los jóvenes,

Periodo del Viaje:

Del

26

julio

2019

DD/MM/AA

Al:

8

agosto

2019

DD/MM/AA

Acompañante(s):

Otro Funcionario: ☐

☐

Cargo:

Re llena tu respuesta

Nombre Completo:

NOTA: 1) Si Viajas con alguien ajeno a la administración municipal pide que llene(n) el formato de confidencialidad de la última pestaña

Familiar:

☐

Parentesco:

Re llena tu respuesta

Nombre Completo:

2) Anexa la invitación que recibiste, no importa que no seas el destinatario final de esta.

Otro:

☐

Re llena tu respuesta

Nombramiento:

Nombre Completo:

Formato Transparencia en Viajes _ Previo

	26 y 27 de julio duración del vuelo
	28 de julio asistencia a la inauguración de la Ceremonia de la Homeless Worl cup 2019
	29 de julio reunión con Mel Young, fundador de la Organización Internacional de la Homeless worl cup
	29 de julio al 4 de agosto desarrollo de diferentes partidos asistiendo 500 jugadores de 47 naciones Entre las que destacaron Holanda, Chile, Austria, India, Rumania, Inglaterra, Perú, Portugal, México
	Así mismo durante estos días, se llevan alternadamente diversas conferencias en temas de salud, desarrollo sustentable, prevención de adicciones, violencia en países de América Latina
	31 de julio Reunión con Asociacione Internacionales: Small Nation: Big ambitioento end homelessness y Women win
Itinerario / Bitácora:	01 de agosto, reunión con representantes de Embajadas: Stephanie M. Black León, responsables de asuntos culturales y educación de la Embajada de Reino Unido y Mónica Valdez, responsable de asuntos económicos, sociales y políticos de la Embajada de Reino Unido
	03 agosto reunión con Asociaciones internacionales: GIG CYMRU NHS WALES Sefydliad Bevan Foundation
	05 agosto reunión con Ian Mcill, jefe de árbitros de la Homeless y representante de Creative Scotland.
	06 y 07 agosto, reuniones con "Creatives Scotland", oficina de organización de todos los festivales en Edimburgo
	07 y 08 de agosto duración del vuelo de regreso a México

Recurso:

Viajas con recurso público: ☐ SI ☐ NO

SOLO UNA PARTE

Si tu respuesta es "SI" o "SOLO UNA PARTE" anexa tu Aprobación Presupuestal

Si No viajas con recurso en viajes _ Previo

Viajes con **recurso propio**:

☒ SI

☐ NO

Si tu respuesta es "SI" indica:

¿Qué gastos cubre?:

Hospedaje y parte de los alimentos

Viajes con **patrocinio**:

☐ SI

☒ NO

Si tu respuesta es "SI" indica:

¿Qué gastos cubre?:

N/A

Nombra quien es el Patrocinador:

Si fue una empresa, nombra cual es:

Si tienes patrocinio completo o una parte favor de anexar el formato CARTA COMPROMISO_transparencia en viajes



2018 - 2021

FORMATO TRANSPARENCIA EN VIAJES_posterior

Instrucciones: Llena este formulario con la mayor información posible, adjunta todo el material que pueda servir como soporte.

Este formato deberá entregarse de igual manera a: *Secretaría General, Contraloría Municipal y Coordinación de Transparencia.*

Nombre del Servidor:	Carolina		
	Nombre(s)	Morales	García
	Apellido Paterno	Apellido Materno	
Cargo:	Regidora	Área / Secretaria: Regidores	
Destino (s):	Homeless world cup 2019, Cardiff Londres, Inglaterra Edimburgo, Escocia		
Objetivo (s):	Asistir a la Homeless world cup 2019, que es un evento organizado por esa Fundación, que tiene como objetivo trabajar a favor de los jóvenes en situación vulnerable o de calle, a través de la promoción del futbol social, como detonante de desarrollo personal y con esto puedan salir adelante de situaciones adversas. Establecer alianzas con Asociaciones internacionales que brinden recurso a programas sociales deportivos, así mismo se busca diseñar e instrumentar acciones en común que permitan establecer políticas públicas que sean utilizadas en beneficio del deporte y de los jóvenes. Establecer alianzas culturales y deportivas para la promoción de diferentes disciplinas deportivas, en especial la Lucha Libre como deporte emblemático de cultura y tradición mexicana		
Evidencia:	Fotos:	Video:	Documentos:
	Otro:		

Adjunta todo el material audiovisual, electrónico (redes sociales y sitios de internet) e impreso que sirvan como evidencia.

Hoja 1 de 3

Personas visitadas: Enlista a las personas y puesto de cada uno con las que tuviste contacto y explica de manera breve las actividades realizadas	Mel Young, Fundador de la Organización Internacional Homeless world cup. Stephanie M. Black León, responsable de asuntos culturales y educación de la Embajada de Reino Unido. Mónica Valdez Murphree, Responsable de asuntos económicos, sociales y políticos de la embajada de Reino Unido Reunión con Asociaciones Internacionales: Small Nation: Big ambition to end homelessness Women win Gig Cymru Nhs Wales Setydlid Bevan foundation Ian Mcill, jefe de árbitros de la Homeless y representante de Creative Scotland James McMeekin Jefe de operaciones de la oficina de la Homeless World Cup
	Beneficios: Enlista los beneficios inmediatos, a mediano, largo plazo y posibles, que traerá para el municipio tu experiencia.
Acuerdos: Enlista los acuerdos emanados de tu participación en las	Establecer contacto con "Creatives Scotland", oficina de organización de todos los festivales en Edimburgo. Establecer intercambios deportivos y culturales a través de una semana de Puebla en Edimburgo y una semana de Edimburgo en Puebla. Establecer alianzas con el Consejo Británico. Que el municipio de Puebla participe con un espectáculo de lucha libre en el "Festival Internacional de Edimburgo, Escocia" Entrevista y alianzas con posibles inversionistas para que apoyen durante la función de Lucha Libre en el festival internacional de Edimburgo Se solicitó el poder traer la copa de la Homeless world cup 2020 al municipio de Puebla Enviar correo electrónico a embajadas para hacer llegar los resultados de las diferentes reuniones que se tuvieron durante y posterior al viaje Celebración de la semana de Puebla en Edimburgo haciendo una valoración de los proyectos culturales que se pueden llevar, informando en todo momento a la Embajada Se solicitó traer al municipio de Puebla la copa América Se solicitó traer al municipio de Puebla la Homeless Worl Cup 2020

actividades mencionadas

Que el municipio de Puebla participe con un espectáculo de lucha libre en el "Festival Internacional de Edimburgo, Escocia"

Seguimiento:

Responsable del seguimiento: Regidora Carolina Morales García.
Es importante mencionar que a todos los acurdos se les está dando seguimiento.

Menciona al responsable(s) y el seguimiento(s) que se les dará así mismo con las fechas límite de los mismo

Sugerencias:

Es importante que el área de Presidencia municipal encargada de coordinar la agenda internacional, lo haga con antelación a los viajes programados de funcionarios públicos, a fin de obtener mayores y mejores resultados en los beneficios que se puedan acordar para Puebla Capital

Menciona alguna recomendación que pueda abonar para tener prácticas positivas en un futuro.

FORMATO TRANSPARENCIA EN VIAJES_cambio

Instrucciones: Llena este formulario con la mayor información posible, adjunta todo el material que pueda servir como soporte.

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¿Tu viaje tuvo algún cambio?		SI	☐	NO	☒
¿Se acortó o alargó?					
SE ALARGÓ:	DEL:				DD/MM/AA
	AL:				DD/MM/AA
Motivos:					
N/A					
¿Modificó el Presupuesto?		SI	☒	NO	☐
SE ACORTÓ:	DEL:				DD/MM/AA
	AL:				DD/MM/AA
Motivos:					
De los \$86,903.35 brindados por concepto de viáticos, se reintegró al H. Ayuntamiento la cantidad de \$17,603.22					
¿Modificó el Presupuesto?		SI	☒	NO	☐
	Diferencia:				



Puebla

TESORERÍA MUNICIPAL

Ciudad Incluyente 2018-2021

04 SEP. 2019

DIRECCIÓN DE EGRESOS Y CONTROL PRESUPUESTAL
CONTABILIDAD DE PRESUPUESTO
SUJETO A REVISIÓN

NUMERO

182

DIRECCIÓN DE EGRESOS Y CONTROL PRESUPUESTAL

TESORERÍA MUNICIPAL

COMPROBACIÓN DE RECURSOS

FOLIO INTEGRA:

IMPORTE DEL CHEQUE	\$	86,903.35
REINTEGRO	\$	17,603.22
TOTAL	\$	69,300.13

COMPROBÓ AL MUNICIPIO DE PUEBLA LA CANTIDAD DE:

SESENTA Y NUEVE MIL TRESCIENTOS PESOS 13/100 M.N.

CON LETRA

N° DE ACREEDOR: 4004226

POR CONCEPTO DE:

Viáticos para la Reg. Carolina Morales García, Presidenta de la Comisión de Deporte y Juventud; para asistir al "Torneo Mundial para Jóvenes sin hogar" del 26 de julio al 03 de agosto del año en curso en la Ciudad de Cardiff, país de Gales. Asimismo asistir a la presentación de estrategias para diseñar e instrumentar acciones en común que permitan establecer Políticas Públicas que sean utilizadas en beneficio del deporte y los jóvenes; llevada a cabo del 04 al 08 de agosto del presente en la ciudad de Edimburgo, país de Escocia.

NOMBRE DEL BENEFICIARIO:

MORALES GARCÍA CAROLINA

R. F. C.

MOGC750511JX6

FIRMA DE BENEFICIARIO

martes, 3 de septiembre de 2019

AUTORIZACIÓN DEL TITULAR DE LA DEPENDENCIA
U ORGANISMO, O RESPONSABLE DESIGNADO

NOMBRE:

REG EDSON ARMANDO CORTÉS CONTRERAS

CARGO:



Puebla
Ciudad Incluyente
2018-2021

COORDINADOR DE REGIDORES

FIRMA Y SELLO

CLAVE PRESUPUESTAL

COORDINACIÓN DE
REGIDORES

DIRECCIÓN GENERAL

100455222202/2/CR/DGEN/C

MONTO

10050 201020000 37101 E100455222202	\$	42,827.60
10050 201020000 37201 E100455222202	\$	12,487.96
10050 201020000 37501 E100455222202	\$	272.00
10050 201020000 37601 E100455222202	\$	13,712.57

DOC SAP:

\$ 69,300.13

NOTA: EL C. TITULAR DE LA DEPENDENCIA FIRMANTE MANIFIESTA BAJO PROTESTA DE DECIR VERDAD, QUE LA DOCUMENTACIÓN COMPROBATORIA ADJUNTA ES VERDÍCA.

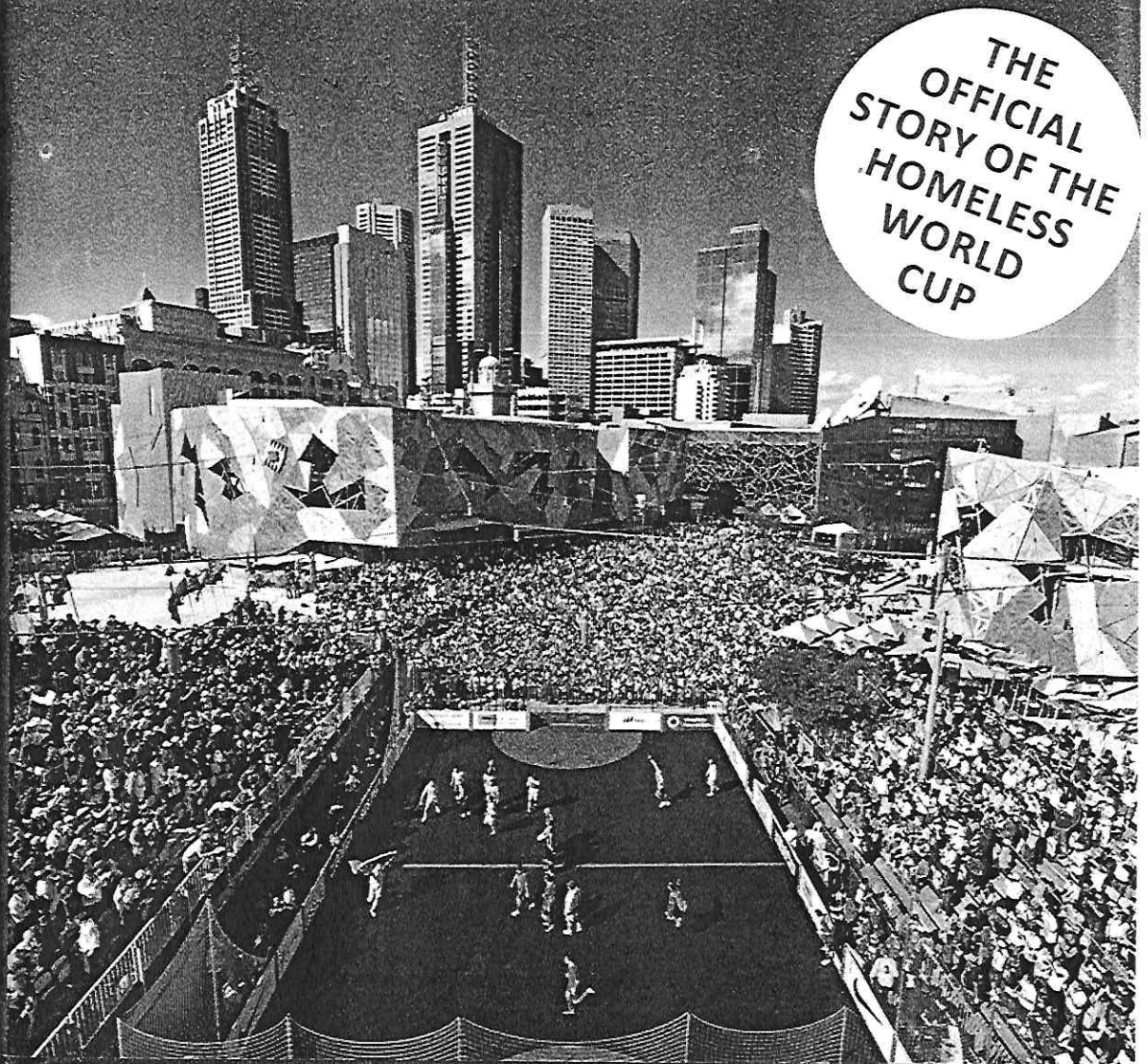
FORM.343-C/TM1821/0219

MEL YOUNG & PETER BARR

HOME GAME

*A Ball Can
Change The World*

THE
OFFICIAL
STORY OF THE
HOMELESS
WORLD
CUP



When people have a bad deal in life and things haven't been going their way, one of the ways they can get self-esteem back is through sport. The Homeless World Cup does that, and it also puts on the agenda that homelessness is a global issue. We all love football and we all hate homelessness – it's a no brainer.

IRVINE WELSH

Novelist and Ambassador for the Homeless
World Cup

All over the world, we've got to end homelessness. Everyone should have a home. It's a right and not a privilege. People treat the homeless as if they're sub-human. In order to overcome this discrimination, we have to unite against homelessness as we did when we fought apartheid.

ARCHBISHOP DESMOND TUTU, speaking at the
Homeless World Cup in Cape Town (2006)

FOOTBALL/CURRENT ISSUES

ISBN 978-1-912147-19-9



www.luath.co.uk

**HOMELESS
WORLD CUP**

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Introduction

This is not the story of the Homeless World Cup goal by goal or year to year but the story behind it – and the stories of the million homeless people who have been involved since 2003. It's also the story as seen through my own eyes and shared with my friend Peter Barr, who has been part of the adventure from the start, as co-author of *Home Game* and also a fan of the Homeless World Cup.

The Homeless World Cup simply would not have happened without the conscientious efforts of the staff who made it possible. We have always had a tiny team in the international headquarters and they have worked all the hours under the sun to make the Homeless World Cup what it is today.

There are also hundreds of volunteers who support our national partners in more than 70 countries across the world, every day of the year. They are brilliant individuals determined to help homeless and excluded people change their lives through football. Some even fund-raise for the privilege of coming to the annual event where they usually work at least 16 hours every day.

The corporations, football authorities and the people behind the bids to host the annual tournament also deserve huge praise. Many of them have stuck their necks out to support the Homeless World Cup. They have played a really important part in our history.

And of course, this would never have happened without the courage and determination of the homeless people who have changed their lives completely, sometimes against all the odds. They are the real heroes – every single one of them.

There are so many people to thank, but it would be impossible to mention every single individual by name. You know who you are. So, please accept this as a personal thank you. This book is for you.

Mel Young

Homelessness does not respect any national borders. It can happen to anyone, anywhere at any time. It can happen to me and to you. Home Game

We all love football and we all hate homelessness-it's a no brainer.

Irvine Welsh – Novelist and Ambassador for the Homeless World Cup

We have to unite against homelessness as we did when we fought apartheid.
Archbishop Desmond Tutu, speaking at the Homeless World Cup in Cape Town (2006)

I have seen how the Homeless World Cup really does inspire homeless people to change the direction of their lives.

Colin Farrell – Actor and Ambassador for the Homeless World Cup

Sport and football are very important, and that is why I decided to be an Ambassador for the Homeless World Cup. At first I was a bit sceptical, but I've seen the social impact, and I also see the impact in the eyes of the players. C'est magnifique!

Emmanuel Petit – Footballer and Ambassador for the Homeless World Cup

Football and the Homeless World Cup have the power to fire up a person to excel as a human being, to change their lives for the better. It is fantastic that football brings this opportunity to their lives.

Eric Cantona – Footballer and Ambassador for the Homeless World Cup

For seven days in July, George Square in the heart of the city will be the most inspiring place on the planet.

HRH The Duke of Cambridge, in a message to participants before the Homeless World Cup in Glasgow (2016)

The Homeless World Cup opened the door to success and gave me a once-in-a-lifetime opportunity to make a change in my life and be part of something positive.

Lukes Mjoka – Represented South Africa at the Homeless World Cup in Rio (2010) and coached the team in Paris (2011).

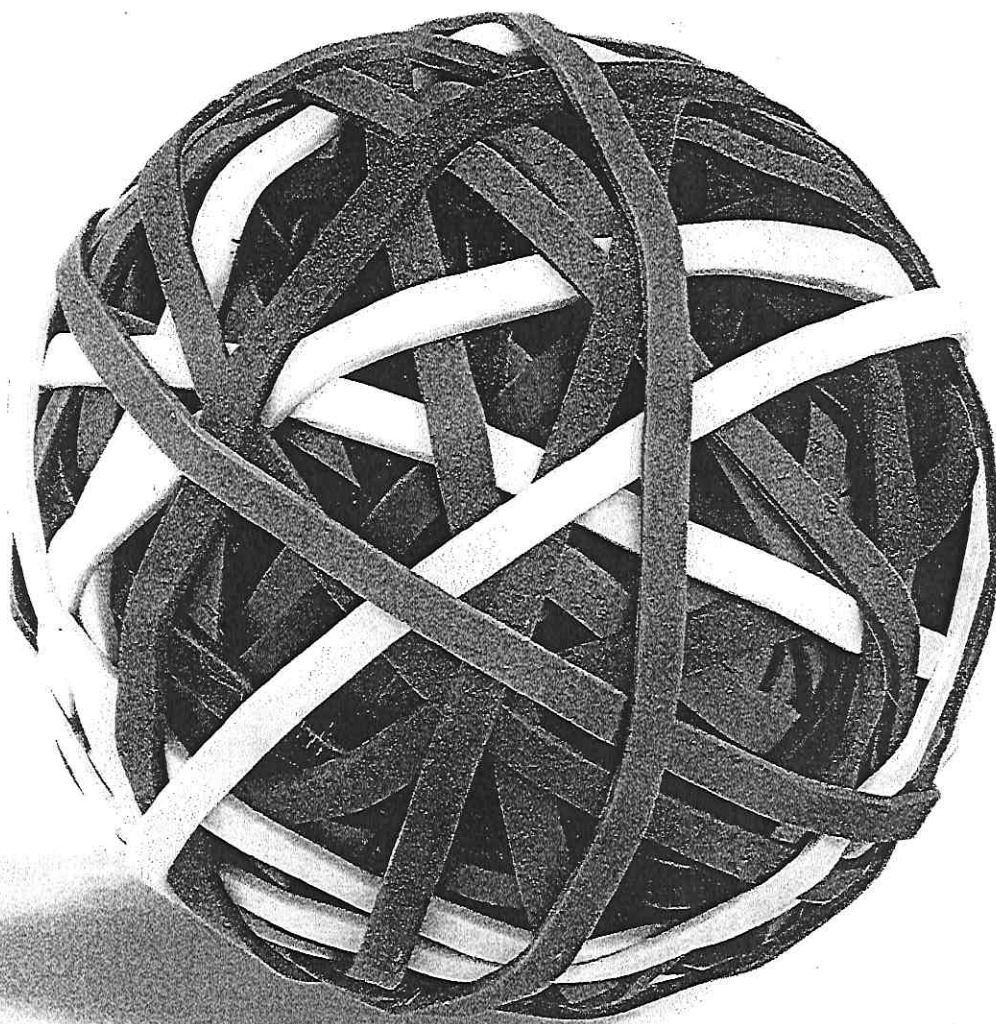
I realised that soccer was my freedom. After Rio, I lived a new life. I saw how people loved the game and also the Homeless World Cup. That's why I love the game, and think sport in the world.

Lisa Wrightsman – Represented the USA at the Homeless World Cup (2010) and now coaches the USA women's team.

I am pleased to know that present at the conference was the Homeless World Cup and other foundations that, together, most disadvantaged a possibility of integral human development.
Pope Francis – speaking at a conference about sports (October 2015)

EDFEST.COM

31 JUL - 26 AUG 2019



ASSEMBLY GILDED BALLOON PLEASANCE UNDERBELLY

16:45 (17:45) THEATRE

FRAGILITY OF MAN

David William Bryan in association with the Pleasance
Returning after a complete sell-out in 2018 with 'In Loyal Company', David William Bryan presents a brand new solo play exploring the effects of one man's epic, lifelong battle against the system. WARNING: Strong language, heavy drug use & sexual violence. Instagram @DavidWilliamBryan
davidwilliambryan.com | Twitter: @davidwbryan

A tour de force SCOTSMAN
***** BRITISH THEATRE GUIDE: BROADWAY BABY,
EDINBURGH GUIDE: FRINGE GURU, THEATRE WEEKLY
Boundary-breaking ***** THE STAGE

W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S
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The Time Show is a show about time. It is suitable for people who know of time. Following on from his critically acclaimed comedy/theatre/spoken word shows about talking, hair, sleep, water, faces, the sky and the colour

Adverse childhood experiences (ACEs) and resilience: risk and protective factors for mental illness throughout life

Resilience is the ability to overcome serious hardship. Factors that support resilience include personal skills, positive relationships, community support and cultural connections. The Welsh ACE and Resilience Survey asked adults about a range of such resilience resources as children and adults, their exposure to 11 ACEs and their physical and mental health.

How many adults reported each ACE in 2017?

Child maltreatment



Verbal abuse
20%



Physical abuse
16%



Sexual abuse
7%

Neglect was measured for the first time in 2017. Most people who reported neglect had multiple ACEs.



Emotional neglect
7%



Physical neglect
4%

Household ACEs



Parental separation
25%



Mental illness
18%



Domestic violence
17%



Alcohol abuse
13%

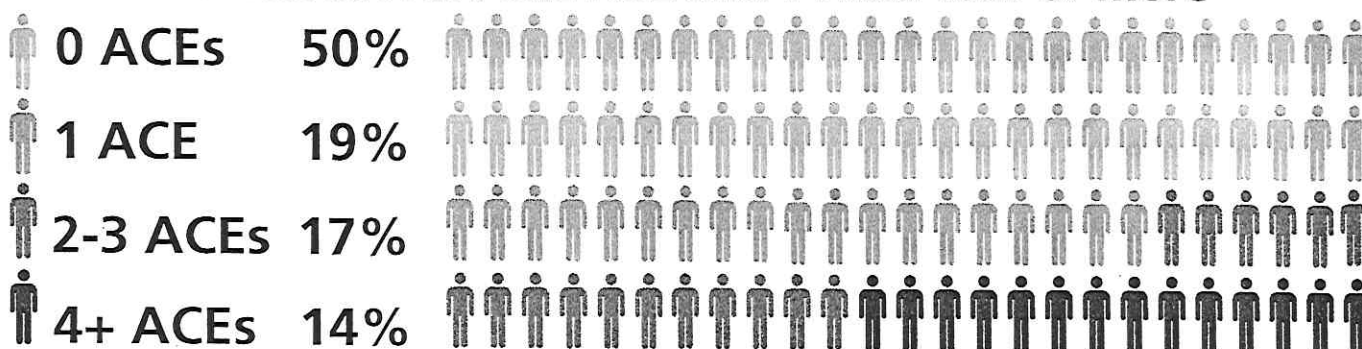


Drug abuse
6%



Incarceration
4%

For every 100 adults in Wales,
50 had at least one ACE and 14 had four or more



ACEs substantially increased risks of mental illness

1 in 3 adults reported having ever been treated for a mental illness

Compared with people with no ACEs, those with four or more were:

3.7

times more likely to **currently be receiving treatment for mental illness**

6.1

times more likely to **have ever received treatment for mental illness**

9.5

times more likely to **have ever felt suicidal or self-harmed**

Executive Summary

Background

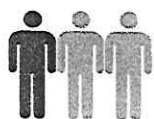
- The Welsh Adverse Childhood Experience (ACE) and Resilience Survey was undertaken to examine individual and community factors that may offer protection from the harmful impacts of ACEs on health, well-being and prosperity across the life course. Resilience is described as the ability to overcome serious hardships such as those presented by ACEs.
- The survey measured access to various sources of resilience in both childhood (*personal, relational and community resources; social and leisure activities; relationships with adults*) and adulthood (*current personal, relationship and community resources; social and leisure activities; expectations of support from services; perceived financial security; and community culture and traditions*).
- The survey also measured participants' exposure to eleven ACEs during childhood (*see Section 3.1; Appendix 1, Table i*) and a range of health and behavioural outcomes (*see Appendix 1, Table ii*).
- Data were collected between March and June 2017 in face-to-face interviews with a national sample of 2,005 18-69 year olds and a boost sample of 492 residents in areas with higher levels of Welsh spoken language. Around 12% of all households invited to participate by letter opted out. Of eligible households visited by an interviewer, 74% participated in the study.
- This report is the first to examine ACEs and resilience in Wales and focuses on their relationships with mental illness; the single largest area of expenditure for the NHS in Wales and a priority area for Welsh Government identified in **Prosperity for All: the national strategy**.
- Three outcomes related to mental illness are examined:
 - currently receiving treatment for a mental illness (termed *current mental illness*);
 - having ever received treatment for a mental illness (termed *lifetime mental illness*); and,
 - having ever felt suicidal or self-harmed.



Resilience is described as the ability to overcome serious hardships such as those presented by ACEs

Findings

- In 2017, half of all adults aged 18-69 years in Wales reported at least one ACE and more than one in seven reported four or more ACEs. **The overall prevalence of ACEs was consistent with that measured in the first Welsh ACE survey** (*see Section 3.1*).
- The ACEs of physical and emotional neglect were measured for the first time in 2017. **Prevalence of physical neglect was 4% and of emotional neglect was 7%**. The inclusion of these ACEs made little difference to overall ACE prevalence as neglect was typically reported in childhood environments with multiple other ACEs. This suggests that neglect is an indicator of multiple other ACEs in children's lives (*see Section 3.1 and Figure 4*).



One in three adults reported having ever received treatment for a mental illness

- **One in three adults reported having ever received treatment for a mental illness** and more than one in six reported currently receiving such treatment. This is similar to other national measures of treatment for mental illness in Wales. Fourteen percent of respondents reported having ever felt suicidal and 6% having ever self-harmed (*see Section 3.2*).

Adult resilience resources

- **Amongst individuals with four or more ACEs, the adjusted proportion reporting current mental illness was almost two thirds lower in those with high adult resilience (13%) than in those with low adult resilience (37%; measured using a scale covering personal, relationship and community resilience factors, see Section 5.1).** 
- **Current regular participation in sports clubs/groups or community groups/social clubs and enjoying community cultures and traditions were associated with lower levels of current mental illness (see Sections 5.2 and 5.5). In those with four or more ACEs, current mental illness fell from 23% in those who did not regularly participate in community groups/social clubs to 11% in those who did.** These findings are consistent with evidence elsewhere that emphasises the importance of community connectedness in promoting mental health. 
- **Financial security** (see Section 5.4) and perceived support from employers (for those in employment; see Section 5.3) were also strongly associated with lower current mental illness. **In individuals with four or more ACEs, the adjusted proportion reporting current mental illness fell from 30% in those who felt their employer was not at all supportive to 10% in those who felt their employer was supportive (a little or a lot; see Section 5.3).** Measures to support individuals affected by ACEs to obtain secure and quality employment are likely to be important in providing long term resilience against mental illness. 
- **Individuals with ACEs tended to perceive public services as being less supportive** (see Section 5.3). This presents a challenge to services in how they can best engage with and support those who have suffered ACEs; and as ACE-informed services develop across Wales how confidence in public services can be built in vulnerable individuals.

Conclusions

1. **ACEs are common and represent a significantly increased risk of mental ill health across the life course.** Preventing ACEs and supporting those affected by them is vital in improving population mental health. Health and other public service staff should be educated on the impact of ACEs as an essential part of the development of ACE-informed public services.
2. **Childhood resilience moderates the increased risks to mental health from ACEs.** Personal, relationship and community resilience resources such as social and emotional skills, childhood role models, peer support, connections with school, understanding how to access community support, and a sense that your community is fair to you are strongly linked to reduced risks of mental illness across the life course. High childhood resilience is related to substantial reductions in lifetime mental illness and potentially offers protections even in those with no ACEs.
3. **Public sector support for social and emotional skills development, activities that create connectedness to schools, sign-posting children to available help, opportunities for creating friendship networks, and occasions to engage in cultural traditions should be considered investments in children's lifelong mental health.** While more information is required on the cause and effects of these resources on mental health, reductions in provision of these community facilities may have long-term repercussions for population mental health and especially affect those with high levels of childhood trauma.

ACEs are common and represent a significantly increased risk of mental ill health